

BALLET PETITE AND THE YOUTH PERFORMING ARTS SCHOOL 2010-2011 SCHEDULE OF CLASSES

Updated 10/15/2010

BALLET CLASSES

BABY DANCE FOR 18 - 24 MONTHS

This tender first experience with dance will nurture the desire of little ones to explore the creative world around them. Parents will use motion and touch to stimulate their baby's sense of movement and music. This class will integrate soft little costumes, simple props and board books to delight all the senses of our youngest dancers. Classes are 45 minutes. Students must be 18 months by the start of the session. ***Baby Dance is designed for one adult and one child only, no siblings allowed.***

18-24 Months	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean			11:00	11:00		10:30	

DANCING TOGETHER FOR 24 - 36 MONTHS

Children enjoy taking the lead while dancing in class with their parents. Focus is on large motor skills as they work on dance steps and begin to follow the teacher. Parents participate, encouraging confidence and creativity by supporting the student-teacher relationship through our ballet warm up and skills progressions, and then, share the excitement of the story-dance in handmade costumes and props designed for the very young. Classes are 45 minutes. Students must be 24 months by the start of the session. ***Dancing Together is designed for one adult and one child only, no siblings allowed.***

2 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean	10:15	11:00			10:15	11:15	

MAGICAL MORNING FOR 2 ½ - 3 ½ YEARS

This special class is designed for young dancers to develop independence and confidence in a class of their own. Dance progressions are taught to focus on musicality and body awareness. The story dance with delicate costumes and beautiful props allows students to make connections with the story and characters. These young children explore creativity and self-expression in a comfortable and nurturing environment. Classes are 45 minutes. Students must be 2½ years by the start of the session.

2.5-3.5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean		1:15	9:30	10:15	2:30	9:00	
		3:00	1:15	2:45		9:45	
			1:45				

CLASSICAL CHILD I FOR 3 YEARS AND 3 ½ - 4 ½ YEARS

Students enjoy a class designed to bring the magic of ballet to life through class exercises. Dancers will enjoy warm ups and ballet progressions with new concepts presented each week. The dancers will be exposed to basic positions and terminology through creative lessons that capture the imagination. New stories will be presented every other week and then performed with handmade costumes and props in two acts allowing your child to bring their favorite characters to life through dance. Classes are 45 minutes. Students must be the correct age of the class by the start of the session.

3 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean	11:00		4:00		10:15	9:45	
	1:00				1:45	12:00	

3.5-4.5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean		9:30			9:30	10:30	
		1:45				12:00	

CLASSICAL CHILD II FOR 4 YEARS

Students experience new concepts in movement and musicality while working to fine tune their motor skills in our enchanting classroom setting. The warm ups and ballet progressions advance weekly giving the children exposure to a wide array of dance skills. The stories are presented in two acts and encourage artistic expression. These narrative tales help children to develop their story-telling, acting and performance abilities through engaging stories, beautiful handmade costumes and the love of dance. Classes are 45 minutes. Students must be 4 years by the start of the session.

4 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean		4:00	10:15		1:00	9:00	
			12:30		3:15	12:00	
			2:00				

PRIMARY I FOR 4 ½ - 5 ½ YEARS

This class is specifically designed to serve as a transition class between Ballet Petite and The Youth Performing Arts School. Students are first exposed to the Royal Academy of Dance curriculum, with emphasis on developing ballet technique from natural movement. Elements of the Ballet Petite curriculum remain – such as floor work, creative inspiration behind movement, and working in patterns such as circles, diagonals, and across the floor work. Elegant transitions between exercises are encouraged. Each week, instructors expect more of their students in terms of preparation, etiquette, and execution. For the Fall session, students continue to participate in the story-ballet with props and costumes. For the Winter and Spring sessions, children begin to use dance steps in combination to perform choreographed enchainements, little dances, as well as develop their pantomime and performance skills. Classes are 45 minutes. Students must be 4½ years by August 30, 2010.

4.5-5.5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean	1:45			4:00	11:00	11:15	

PRIMARY II FOR 5 YEARS

Students are introduced to more advanced concepts in movement and music, preparing them for the rigors of future academic ballet study. Students begin class with a traditional ballet warm up and progressions across the floor. The first portion of the class serves as an introduction to classical ballet technique. In the second portion, children will learn excerpts from some of the great classical ballets and follow the teacher through beautiful dances that encourage artistic growth. Classes are 45 minutes. Students must be 5 years by August 30, 2010.

5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean	4:00	2:00	4:30	9:30		11:15	

BALLET I FOR 6 YEARS

Through specific, well structured exercises Ballet I students focus on elementary exercises of classical ballet training, memory, focus, and the protocol and etiquette of class. Musicality in rhythmic patterns and dynamics are developed. Enchainements are introduced to learn ballet sequences and pantomime with emphasis on musicality and expression. Classes are 1 hour. Students must be 6 years by August 30, 2010.

6 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean		5:15	4:30	4:45	5:00	3:00	

BALLET II FOR 7 YEARS

This is where the classical technique really begins to develop. In Ballet II, French terms are learned and there is much emphasis on classical technique, musicality, mime, and expression. Character steps are also practiced incorporating national dances. Enchainements are further developed into intermediate dances with pantomime and a strong focus on musicality and expression. Classes are 1 hour. Students must be 7 years by August 30, 2010.

7 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean	5:30				4:00		

BALLET III, IV AND V FOR AGES 8-10 YEARS

Ballet levels III-V provide continuous academic training in classical ballet. Students refine their form and technique to achieve beauty and precision. A stronger commitment is required for this level of dancing. There is a strong emphasis on technical vocabulary as well as an accurate understanding of correct placement and strong technical execution of steps. Variations and character dances are based upon original classical ballets and develop the musicality and presence of the student. Classes are 1 hour. Students must be 8, 9 or 10 years by August 30, 2010.

8 & 9 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean	5:30		5:15				

9 & 10 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean			5:15			12:30	

10 & 11 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean						10:15	

INTERMEDIATE BALLET & ADVANCED BALLET FOR AGES 11+ YEARS

Upper level courses are the most demanding form of ballet, requiring precise knowledge of placement, technique and expression. The training builds on both flexibility and strength. The student develops a supple back and a beautiful carriage with expressive arms and hands. Emphasis is on articulation in the feet, balance, flawless transitions, and graceful agility. Placement is by instructor only. Classes are 1 hour long. Students must be 11 years by August 30, 2010.

11+ yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean						8:45	

FOUNDATIONS I/II FOR 7 – 9 YEARS

In Foundations classes, emphasis will be placed on increasing the cleanliness of students' ballet technique. Exercises will be broken down so that attention will be given every detail of a step, allowing for proper execution. Attention to correct posture, turnout, and extension will provide students with a pure technical base. Specific attention to stretching and strength-building are also incorporated. Foundations classes have students hone in on basic technical elements, so that they may expand their ballet vocabulary with ease in their regular ballet classes. Classes are 30 minutes. Students must be 7 years by August 30, 2010.

7-8 yrs Level 1	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean						1:30	

8-9 yrs Level II	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean	6:30		6:15			1:30	

POINTE PREPARATION AGES 9-11 YEARS

Foundations and Preparation for Pointe increase in technical level in preparing students bodies for pointe. The class will focus on exercises for posture, turnout, strengthening and flexibility of the feet, stretch and straightening of the legs, strengthening of the ankles and legs - all exercises focusing on preparing students for pointe and working out all of the technical kinks that they may have. The use of Therabands and Theraband exercises will be added in 1 month. Classes are 30 minutes. Students must be 9 years by August 30, 2010.

9-10 yrs Pointe Prep 1	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean						9:45	

MUSICAL THEATRE CLASSES

STORYBOOK THEATRE FOR 3 & 4 YEARS

The creative artist within each child is released as our youngest actors and actresses respond to exciting literature through drama, music and dancing. Multi-sensory props, such as animals, mermaids, and munchkins, inspire and spark the imagination of our little performers to create and become the characters in the story and explore imaginary worlds. Physical and vocal skills develop through role-playing, and creativity. Musicality and confidence are nurtured through improvisation. Classes are 45 minutes. Students must be 3 years by the start of the session.

3 & 4 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean			2:30				

BROADWAY KIDS MUSICAL THEATRE FOR 4 & 5 YEARS

Broadway Kids is designed to be a child's first introduction to musical theater and is perfect for children who are singing all over the house as well as children who are getting used to getting up in front of other people. This class includes theater games, improvisation, singing and dancing – a wonderful class that instills confidence and self-esteem. Classes are 45 minutes. Students must be 4 years by the start of the session.

4 & 5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean	4:45	10:15					
		4:00					

SHOWTIME MUSICAL THEATRE FOR AGES 5 & 6 YEARS

Combine your love of singing, acting and dancing in this performance-based musical theatre class. From "Do-Re-Mi" and on to more advanced work; learn the art of singing musical theatre songs with proper technique. Students will learn Broadway musical dances that we all know and love. Acting technique will develop their skills of imagination, expression, spontaneity and storytelling. Classes are 45 minutes. Students must be 5 years by August 30, 2010.

5 & 6 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean		4:45	4:45				

ENCORES MUSICAL THEATRE FOR AGES 7 & 8 YEARS

Learn singing technique, Broadway dance steps and acting skills, before integrating the three disciplines into ensemble and solo work. Students will learn the fundamentals of voice technique as it applies to both speaking and singing. They will polish their dance skills in Broadway dance technique. Through acting, students will explore musical theatre scene work exploring character creation with masks, mime and movement. Classes are 1 hour. Students must be 7 years by August 30, 2010.

7 & 8 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean		3:45					

TAP CLASSES

COMBINATION TAP FOR 3-7 YEARS

At last, a package designed for students who just can't get enough of both tap and ballet! Students get the full experience of being in a tap class in addition to the ballet class they already know and love. This additional 30-minute technique class option is open and available to all students and may be added either before or after your existing ballet class, or, even on a completely different day! Please inquire with a registrar for more information on scheduling. Classes are 30 minutes. Students must be the correct age by the beginning of the session.

3 & 4 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean		4:45		3:30			

4 & 5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean		4:45		3:30			

5-7 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean				5:45			

JAZZ CLASSES

MODERN FUSION 5-10 YEARS

Modern Fusion is an introduction to the wonderfully creative world of modern dance! The class focuses on strength, flexibility, and muscular development in combination with rhythmic exercises. Contemporary ballet and jazz are also incorporated to give each dancer the building blocks they need to one day master Horton and Graham modern dance techniques. This is a fun class that emphasizes and encourages imaginative physical expression. Classes are 45 minutes for ages 5-8 and 1 hour for ages 7-10. Must be minimum age by the start August 30, 2010.

5-8 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean						2:00	

LYRICAL DANCE FOR AGES 5 AND ABOVE

In this class, the music will be the inspiration for movement. Warm-up exercises will focus on stretching, with focus on an increase in flexibility and strength. Students will work on incorporating the technical elements of modern, jazz, and ballet technique as the foundation of their movements. They will then use the music to motivate and inspire them, influencing the style and energy of their movements. A variety of music is used for the class, spanning genres such as pop, folk, and current chart-toppers, as well as music from a wide range of cultures. Classes are 1 hour. Students must be the correct age by August 30, 2010.

5-8 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean						4:00	

HEADLINERS JAZZ FOR 9-11 YEARS

This extended, intermediate level jazz class is designed for students who hold steadfast to style! For an extra challenge, Jazz Pop combines with Expressions Jazz for an intensive 30 minute warm up. Instructors then focus on strength, flexibility and coordination in the technical portion of class. Choreography incorporates Latin jazz, disco, hip-hop, and Fosse, to name a few. Dancers will experience a variety of movement and music qualities. Classes are 1 hour. Students must be 9 years by August 30, 2010.

9 - 11 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean				6:15			

HIP HOP CLASSES

SHOWTIME HIP HOP FOR 5 & 6 YEARS

Showtime Hip Hop is a change from the traditional jazz class and a great way for students to learn how to creatively express their personal style. Students will improve their strength and flexibility by incorporating the styles of hip-hop into defined movement and choreography. The class is 45 minutes. Students must be 5 years by August 30, 2010.

5 & 6 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean				4:00			

ENCORES HIP-HOP FOR 7 & 8 YEARS

Get down! This exciting class moves beyond a basic introduction of the style, music and movement of hip-hop to a deeper development and appreciation of this unique form of dance. High energy and enthusiasm are essential to each class as your performer finds their own style and opportunity to shine. The class is 1 hour. Students must be 7 years by August 30, 2010.

7 & 8 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean					4:00		

HEADLINERS HIP-HOP FOR 9 – 11 YEARS

Immerse yourself in the rhythm! In this high energy class students will learn funky choreography while moving to vibrant music. This class will help students learn different styles of hip hop as well as find their own creative style. This class is 1 hour. Students must be 9 years by August 30, 2010.

9-11 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean				4:45			

CUSTOM CLASSES

CUSTOM CLASSES

Custom dance and music classes are available based on studio and teacher availability. Please contact us at 301-229-6882!

Important Dates, Special Programs, Performance Companies, and Boutique Information

2010 - 2011 CALENDAR

FALL SESSION

August 30
September 4 - 6
August 30 – October 3
August 30 – September 12
October 4
November 25 - 28
November 29 – December 5
December 13 – 19
December 20 – 31

August 30 - December 19

First Day of Classes
Labor Day Weekend- No Classes
Priority Registration for Winter 2010 classes
All Parents Invited to Welcome Week
General Registration for Winter 2010 classes
Thanksgiving Weekend – No Classes
Observation Week
Last Week of Fall Classes and Make Up Week
Winter Break – Holiday Camps

WINTER SESSION

January 3
January 3 – 30
January 31
February 19 – 21
March 14 – 20
March 21 - 27

January 3 - March 27

First Day of Winter Classes
Priority Registration for Spring 2010 Classes
General Registration for Spring 2010 Classes
Presidents Day Weekend – No Classes
Visitor's Week
Last Week of Winter Classes and Make Up Week

SPRING SESSION

March 28
April 18 – 29
May 28 – 30
June 1 – 12
June 6 – 12
June 13 – 19
June 20

March 28 - June 19

First Day of Spring Classes
Spring Camps- Regular Spring Session Classes Run On Schedule
Memorial Day Weekend – No Classes
YPAS Recitals
Visitor's Week
Last Week of Spring Classes and Make Up Week
First Day of Summer Camp and Classes

SPECIAL PROGRAMS

Petite Parties: The Ballet Petite Fairytale Party is a wonderful celebration introducing the world of ballet and the beautiful experience of taking tea. The Musical Theater Broadway Star Party is a big hit with acting games, dancing, stage makeup, and Broadway show complete with a cast party.

Recital: Each spring, the Youth Performing Arts School holds our annual recitals of Thumbelina, Alice in Wonderland, Sleeping Beauty, Spotlight on Broadway and the Spring Concert. All students ages 5 and above are invited to participate in the recital. Their teachers will be giving out information regarding registration in January. This year, the recitals take place in early June.

Specialty Camps: Each spring break, summer session and winter break, wonderful Ballet Petite and Youth Performing Arts camps are offered. Camps offered include My Magical Morning, Tutu Sweet Ballerina, Happily Ever After Princess, American Girl, Broadway Baby and Classics, Tappin' Toes, Hip Hop and our Ballet and Musical Theatre Intensives. Camps are the best at Ballet Petite and the Youth Performing Arts School!

Performance Companies:

The Ballet Performance Companies: The Ballet Performance Company is for dedicated ballet students ages 5 and up. Students perform in the Nutcracker, a full-length spring ballet and additional performances throughout the year. Students must have a positive attitude, and acceptance is by audition only. Potential members may audition for the winter or the spring season. Contact Ballet Petite Performance Company Director, Melissa Panos, at balletperformanceco@balletpetite.com for more information.

The Musical Theatre Performance Companies: Created specifically for our young performers who are looking for more outlets for performance, The Musical Theater Performance Company (MTPC) produces two full-length musical productions every year! Our MTPC gives students a chance to showcase the skills they learn in their Ballet Petite classes, and to have a lot of fun along the way! Additional class requirements ranging from 1-3 classes are mandatory for MTPC cast members, and are determined by audition. A strong commitment, sense of teamwork, positive attitude, and a desire for excellence are prerequisites. Please contact the MTPC Artistic Director, Katie Padgett, at MissKatie@balletpetiteteachers.com for additional information. Acceptance into this company is by audition only.

Petite Boutique

Class uniforms, shoes, tights and other accessories are carried in the Petite Boutique. The Petite Couture line by Miguelina, Ballet Petite's My Magical Morning book and other beautiful gifts are available year round for holidays, birthdays and everyday specials.

REGISTRATION INFORMATION

Website: All current information is posted on www.balletpetite.com.

Email: All notices including Registration Packets, Newsletters, Priority Registration Notification and Recital Information will be sent via email only. Please provide us with an email address where you would like this information sent.

Make-Up Classes: Two make-up classes are allowed during Make Up Week, held the last week of each session. There are no refunds for unattended classes.

Inclement Weather/Emergency Closings:

Weekday: We follow the public school guidelines in the county where your child's class is held.

Weekend: Check our website, balletpetite.com for cancellation information.

Classes may be made up during Make-Up Week. NO REFUNDS will be given.

In case of extraordinary weather conditions, an independent decision will be made by the end of each session to determine additional make-ups.

Withdrawal From Session Class Registrations:

Refund: \$75 withdrawal fee plus the cost of any classes that have occurred up until the date of your request.

Credit to your Ballet Petite account: \$20 withdrawal fee plus the cost of any classes that have occurred up until the date of your request. Credit can be used for classes, camps, petite parties or boutique. No refunds will be given for this credit.

Withdrawal From VIP Full Year Class Registrations:

Refund: None offered.

Credit to your Ballet Petite account: \$75 withdrawal fee plus the cost of any classes that have occurred up until the date of your request. Credit can be used for classes, camps, petite parties or boutique. No refunds will be given for this credit.

ATTIRE **BALLET**

Baby Dance: Comfortable, close fitting clothing from home (ex. onesie, bodysuit or one-piece), or pink leotard, bare feet

Dancing Together, Magical Morning, and Classical Child: Pink tank leotard, pink tights or pink RAD socks, pink ballet shoes

Primary I: White ribbed leotard, pink tights or pink RAD socks, pink ballet shoes, white wrap skirt is optional

Primary II: Yellow ribbed or non-ribbed leotard, pink tights or pink RAD socks, pink ballet shoes, yellow wrap skirt is optional

Ballet I: Mint ribbed leotard, pink tights or pink RAD socks, pink ballet shoes, mint wrap skirt is optional

Ballet II: Lavender ribbed leotard, pink tights, pink ballet shoes, lavender wrap skirt is optional

Ballet III: Royal Blue leotard, pink tights, pink ballet shoes

Foundations: Same as 60 minute class uniform

Ballet IV: Royal Blue leotard, pink tights, pink ballet shoes

Ballet V: Purple leotard, pink tights, pink ballet shoes

Intermediate Ballet and Pointe: Purple leotard, pink tights, pink ballet shoes

Advanced Ballet and Pointe: Red leotard, pink tights, pink ballet shoes

MUSICAL THEATRE and HIP HOP

Storybook Theatre: Pink tank leotard, pink tights or pink RAD socks, pink ballet shoes

All levels of Musical Theater and Hip Hop: Red Baltogs tank top, black jazz pants, tan jazz shoes

Jazz: Red Baltogs tank top, black jazz pants, tan jazz shoes

TAP

Combination Tap: Same as 45 minute Ballet or Musical Theater class, socks, black tap shoes

All other levels of Tap 5 Years & above: Red Baltogs tank top, black jazz pants, black tap shoes

TUITION

Fall:

\$336 for 45 and 60 minute classes \$196 for 30 minute classes

Winter:

\$252 for 45 and 60 minute classes \$147 for 30 minute classes

Spring:

\$252 for 45 and 60 minute classes \$147 for 30 minute classes

REGISTRATION INFORMATION

Phone: 301-229-6882
Email: information@balletpetite.com
Web Address: www.balletpetite.com
Fax: 301-229-6884
Mailing Address: 4701 Sangamore Road M10, Bethesda, MD 20816

INTERNAL USE ONLY

Initials _____
 Policy _____
 Auth# _____ Date _____

Class Code _____

Student Name _____

Date of Birth _____

Academic School, Grade _____

School Release Time _____

Registering Parent(s) Name(s) _____

Address _____

City, State, Zip _____

Home Phone () _____

Cell Phone () _____

Business Phone () _____

Email Address _____

All Registration Packets, Newsletters, Priority Registration Notification, Recital Information and all other notices will be sent via email only. Please give us an address where you would like the information sent.

Class Name	Location	Day/Time	Tuition
1. _____			
2. _____			
3. _____			
4. _____			
5. _____			

Tuition Total _____

Payment by MasterCard Visa Check # _____

_____ **Exp** _____ **Cash \$** _____

Name on card _____

TUITION

Fall:
\$336 for 45 and 60 minute classes \$196 for 30 minute classes

Winter:
\$252 for 45 and 60 minute classes \$147 for 30 minute classes

Spring:
\$252 for 45 and 60 minute classes \$147 for 30 minute classes

Important: Class placement is for one session only, not a guarantee for following session. Priority registration is available for students to register for the same class before registration is open to the general public.

DISCOUNT TUITION PLANS (choose one, no discount plans can be combined)

- VIP Full Year Registration _____ 10% discount off Tuition (\$756 for full year)

REGISTRATION MUST BE COMPLETE BY 10/03/10

Includes 10% off of Petite Boutique, 10% off Petite Parties, and unlimited class changes per session.

Important: Guaranteed class placement throughout the year. Please review Cancellation Policy

- Sibling Discount
Receive \$10 off each sibling's registration per session.

- Multiple Class Discount
Save 5% on each class when your family registers for 3 classes in one session.
Save 10% on each class when your family registers for 4 classes in one session.
Save 15% on each class when your family registers for 5 classes in one session.

These discounts do not apply to camps and discounts cannot be combined.