

INTRODUCTION TO BALLET HIGH FOR 4 ½-5 ½ YEARS

In this transitory class, students are introduced to the Royal Academy of dance curriculum for the first time. This unique curriculum guides the students through the foundations of ballet including beautiful arm movements, stretching movements and locomotive movements. Students will learn the skills needed for the fundamentals of ballet. Classes are 45 minutes. Must be 4½ years by January 3, 2010. *Introduction to Ballet is only offered for the Winter and Spring sessions.*

4.5-5.5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Kentlands						12:00	

PRIMARY I FOR 4 ½ - 5 ½ YEARS

This class is specifically designed to serve as a transition class between Ballet Petite and The Youth Performing Arts School. Concentration is placed on fine tuning motor skills, building teamwork, and expanding a sense of spatial awareness. Each week, instructors expect more of their students in terms of preparation, etiquette, and execution. Children begin to use dance steps in combination to create short variations, as well as develop their pantomime and performance skills. Classes are 45 minutes. Students must be 4½ years by August 31, 2009.

4.5-5.5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Kentlands		4:00					

PRIMARY II FOR 5 YEARS

Students are introduced to more advanced concepts in movement and music, preparing them for the rigors of future academic ballet study. Students begin class with a traditional ballet warm up and progressions across the floor. The first portion of the class serves as an introduction to classical ballet technique. In the second portion, children will learn excerpts from some of the great classical ballets and follow the teacher through beautiful dances that encourage artistic growth. Classes are 45 minutes. Students must be 5 years by August 31, 2009.

5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Kentlands		5:00				11:00	

BALLET I FOR 6 YEARS

Through specific, well structured exercises Ballet I students focus on elementary exercises of classical ballet training, memory, focus, and the protocol and etiquette of class. Musicality in rhythmic patterns and dynamics are developed. Enchainements are introduced to learn ballet sequences and pantomime with emphasis on musicality and expression. Classes are 1 hour. Students must be 6 years by August 31, 2009.

6 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Kentlands		5:00					

BALLET II FOR 7 YEARS

This is where the classical technique really begins to develop. In Ballet II, French terms are learned and there is much emphasis on classical technique, musicality, mime, and expression. Character steps are also practiced incorporating national dances. Enchainements are further developed into intermediate dances with pantomime and a strong focus on musicality and expression. Classes are 1 hour. Students must be 7 years by August 31, 2009.

7 years	MON	TUE	WED	THURS	FRI	SAT	SUN
Kentlands						1:00	

FOUNDATIONS I/II FOR 7 – 9 YEARS

Foundations and Preparation for Pointe increase in technical level in preparing students bodies for pointe. The class will focus on exercises for posture, turnout, strengthening and flexibility of the feet, stretch and straightening of the legs, strengthening of the ankles and legs - all exercises focusing on preparing students for pointe and working out all of the technical kinks that they may have. The use of Therabands and Theraband exercises will be added in 1 month. Students must be by 7 years by August 31, 2009.

7 years	MON	TUE	WED	THURS	FRI	SAT	SUN
Potomac						2:00	

BALLET III, IV AND V FOR AGES 8-10 YEARS

Ballet levels III-V provide continuous academic training in classical ballet. Students refine their form and technique to achieve beauty and precision. A stronger commitment is required for this level of dancing. There is a strong emphasis on technical vocabulary as well as an accurate understanding of correct placement and strong technical execution of steps. Variations and character dances are based upon original classical ballets and develop the musicality and presence of the student. Classes are 1 hour. Students must be 8 years by August 31, 2009.

8&9 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Kentlands						2:30	

9 &10 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Kentlands						2:30	

INTERMEDIATE BALLET & ADVANCED BALLET FOR AGES 11+ YEARS

Upper level courses are the most demanding form of ballet, requiring precise knowledge of placement, technique and expression. The training builds on both flexibility and strength. The student develops a supple back and a beautiful carriage with expressive arms and hands. Emphasis is on articulation in the feet, balance, flawless transitions, and graceful agility. Placement is by instructor only. Classes are 1 hour long. Students must be 11 years by August 31, 2009.

11+ yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Kentlands		6:00					

DEMI POINTE FOR AGES 11+ YEARS

Part of the fantasy of ballet is putting on your first pointe shoes. Pointe is a milestone for students who are ready – pulled up, articulate feet, use of the plie, strong carriage and good turnout. Students at this level will start demi pointe upon teachers evaluation with a consistent minimum of 2 additional ballet technique classes per week. Pointe is a truly an achievement to be proud of. Classes are 30 minutes long. Students must be 11 years by August 31, 2009.

11+ yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Kentlands		7:00					

MUSICAL THEATRE CLASSES

SHOWTIME MUSICAL THEATRE AND TAP FOR AGES 5 - 6 YEARS

Combine your love of singing, acting and dancing in this performance-based musical theatre class. From “Do-Re-Mi” and on to more advanced work; learn the art of singing musical theatre songs with proper technique. Students will learn Broadway musical dances that we all know and love. Acting technique will develop their skills of imagination, expression, spontaneity and storytelling. Classes are 45 minutes. Students must be 5 years by August 31, 2009.

5&6 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Potomac					4:45		

REGISTRATION INFORMATION

Website: All information is posted on www.balletpetite.com.

Email: All notices including Registration Packets, Newsletters, Priority Registration Notification and Recital Information will be sent via email only. Please give us an address where you would like the information sent.

Make-Up Classes: Two make-up classes are allowed during Make Up Week held the last week of each session, there are no refunds for unattended classes.

Class Changes: One free class switch is permitted each session, and a \$20 fee will be charged for any class changes made after. All class changes are based on space permitted in the preferred class.

Inclement Weather/Emergency Closings:

Weekday: We follow the public school guidelines in the county where your child's class is held.

Weekend: Classes may be made up during Make-Up Week, no refunds will be given.

Withdrawal From Session Class Registrations:

Refund: \$75 withdrawal fee plus the cost of any classes that have occurred up until the date of your request.

Credit to your Ballet Petite account: \$20 withdrawal fee plus the cost of any classes that have occurred up until the date of your request. Credit can be used for classes, camps, petite parties or boutique. No refunds will be given for this credit.

Withdrawal From VIP Full Year Class Registrations:

Refund: None offered.

Credit to your Ballet Petite account: \$75 withdrawal fee plus the cost of any classes that have occurred up until the date of your request. Credit can be used for classes, camps, petite parties or boutique. No refunds will be given for this credit.

TUITION

Fall:	\$336 for 45 and 60 minute classes	\$196 for 30 minute classes
Winter:	\$192 for 45 and 60 minute classes	\$132 for 30 minute classes
Spring:	\$192 for 45 and 60 minute classes	\$132 for 30 minute classes

